

In regards to the Adderall, after skipping some days I have enough to last until at least 2/4/2020. In regards to abusive/threatening language, I have not made **one** threat to anyone at your staff. I have not threatened bodily harm, emotional harm, or psychological harm for the present or future, all of these - not one single time. I have sent you a letter explaining that I have a very low threshold for frustration when I experience symptoms of PTSD, which are now acute, and that I also experience hostility. I do my best to maintain this.

I have spoken quite loudly to multiple members of your staff, sometimes using profanity and I will list a representative example here-

Several weeks ago, I was experiencing an acute PTSD episode of what I call shell shock. I was unable to fill out any paperwork or do any online form, both of which are normally easy tasks for me.

I called your medical records dept to explain that I need accommodations in requesting medical records. I am given this specific accommodation-

I may digitally execute a PDF with my name and the record I am requesting, and send via email. I was promised that my request would be expedited ASAP, as I needed it to document criminal behavior being perpetrated against me. I need to put a stop to future such criminal behavior being directed at me by local police and/or local healthcare providers, each who were involved in this criminal behavior (I have persuasive proof)

I send the email as requested and get an autoreply that it will take 30 days and only physical signatures will be accepted.

I was perturbed and called medical records, where I get a girl whom I have previously spoken with before the same day. She proceeds to give me a series of hoops to jump through/simple steps I can take to get the records I wish.

I get irritable and angry very fast, as I had warned her multiple times that I may, and began to yell at her. I explain to her that (paraphrased by mostly accurate) "WHAT I AM CAPABLE OF RIGHT NOW AS A RESULT OF THE TRAUMA I AM SUFFERING IS THAT I CAN TYPE A PDF AND SIGN IT. I NEED THIS TO DOCUMENT THE CRIMINAL BEHAVIOR THAT I HAVE BEEN SUBJECTED TO AND THAT YOU DID NOTHING TO HELP ME WITH, BUT INSTEAD JUMPED IN THE GOD DAMN DOG PILE. YOU ARE GOING TO HELP ME!!!!

I WAS ALREADY REPRESENTED TO BY YOUR STAFF THAT MY PDF AND SIGNATURE WERE ENOUGH.."

And proceeded to yell at her for another ~ 10 seconds about how I need someone to make a representation I can rely on. She seemed to understand the distress I was under, and which I notified her in advance may happen, but for one reason or another she very professionally accommodated me, without any abuse given in return, and the documentation I requested was received very promptly. This person would make a good candidate for a pay raise in my books.

I will write you some subsequent communication, if and when I have time, to elaborate on what I am referring to as Atrium's "jumping in the dogpile."

In regards to my Adderall, PTSD, and "abusive" behavior, let me take a step back again-

To be clear, I told your nurse something to the effect of "every now and then I take an extra one". I explained this was to help cope with concentration problems I have as a compounded result of my PTSD and my preexisting ADHD problems

If I phrased this to her in any way that would suggest "I take an extra handful", or "I'll throw a few more in a cup of orange juice", or even a milder "I take extras as needed", **it was a miscommunication on my part**. I never meant to convey that I was taking 2x, or 3x, or 10x my dose, ever. I never meant to convey that I was taking 1.5x my normal dose on a regular basis. I counted out how many I had left, and that count ended up being understated.

My house is in disarray as I have not cleaned at all in the past several weeks. I have very difficult bankruptcy paperwork to fill out for which, if I have one material error, will be dismissed. One creditor has already taken the legal steps necessary to sell everything I own by force in the event my petition is dismissed. My PTSD makes it range from difficult to impossible to fill out this paperwork, and it is all I think about. I keep getting more and more generous deadlines that I eventually will run out of (2 have been missed thus far, and I call the court and they tell me "what will happen is the judge will call a hearing in a couple of weeks and see what your reason is, before they dismiss it").

It would be prudent and responsible of me to inform you of any changes in medication I wish to make (e.g. take an extra Adderall every day, or on one specific day,) before making them, and to comply with any follow up appointment that needed to be made in advance.

I can also see how may be easily the case, being that I am using a controlled substance, that anything other than the exact usage terms I am given is probably abuse and exposes you (if not me) to legal accountability issues. My neglect in living up to this responsibility was entirely due to a round the clock semi-panic mode of how to figure out this paperwork, do it right, get it to the courthouse, etc. I at this point have no idea how much Adderall I have, only that I have enough to make it to our appointment tomorrow. How many days I have taken "extras", which always means 1 extra, I do not know but it hasn't been many apparently. I don't take much time out.

In regards to my abusive behavior, again, any claims that I have threatened physical harm to anyone are false. It is a well-documented symptom of PTSD to have irritable, angry outbursts, with little provocation, and to be subject to hostility. In my case the more extreme behavior occurs when I am in the throes of what I refer to as "shell shock" which I get hit with multiple times a day, and consists of intense emotional pain, inability to concentrate, and often terrible feelings of hostility and rage. I have made legal threats or insinuations of legal threats to Atrium staff, but these are never physical threats. The legal threats come from my trauma being tied to civil and criminal violations of my rights being perpetrated against me by my former employer (and causing me unbelievable emotional distress, for years, which to your staff I only made vague references to "things that cause me emotional pain".), then by the Charlotte police and my friend/former coworker named Jenny, which intersected me with your hospital. Your hospital was refreshingly kind to me, but I have grievances about what occurred then and subsequently, and this is where the legal threats directed at you come from when I become agitated.

I am completely harmless to myself and others, and the aforementioned type of behavior is why I do not frequently go out in public. You may not be familiar with this or have dealt with it much, but you cannot claim to be a healthcare provider to people with mental disorders and then say that the uncontrollable symptoms of their condition are grounds to refuse treatment.